



# The NETWORK

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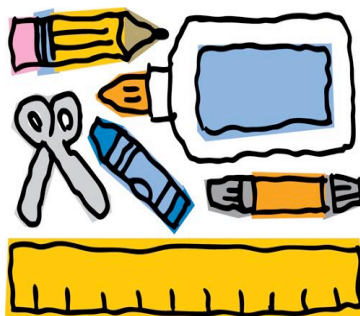
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## Summer Second Sunday Offerings Focus on Neighborhood Needs – July 10, August 14

– Tina Johnson

Although summer marks a more relaxing time for many of us, the Mission Team knows that summer does not mean life gets easier for our neighbors in need. The Second Sunday offerings for July and August will focus on local, neighborhood needs.

**JULY:** On July 10, the Second Sunday offering will be received in support of Helping Hands Health and Wellness Center, located on Morse Road and affiliated with Ascension Lutheran Church. The center provides medical care and social services to uninsured and underserved adults in the Northland area. In recent months the center has expanded its hours of operation to three days a week. Services have also been expanded to include some mental health counseling. For more information, visit the center's website at <http://helpinghandsfreeclinic.wetpaint.com>



**AUGUST:** In anticipation of the start of another school year, St. Andrew will receive school supplies for neighborhood students on the 14<sup>th</sup>. All types of materials are needed for all ages of students: paper, notebooks, folders, pens, pencils, erasers, markers, crayons, rulers, etc. A complete list will be posted in late July.

## Administrative Assistant on Leave, June 29 – August 17, as a Cost- saving Measure

As part of a cost-saving measure to St. Andrew, Ginny Shanda, our administrative assistant, will be taking a six-week, unpaid leave of absence, beginning on Wednesday, June 29. During her time away Ginny will be focusing on other endeavors. Meanwhile several volunteers will be assisting Phyllis in the church office once a week. Bulletins will have altered calendars and prayer lists will be omitted. Office hours will be a little different, too. They will generally be Tuesday – Thursday, 10:30 a.m. – 3 p.m.

Another change to be implemented is a decrease in issues of St. Andrew's newsletter, which will be published nine times per year instead of the current eleven. The newsletter will continue to be published on a monthly basis, except for the combining of December/January, May/June, and July/August.

## Brown Bag Bible Discussion Class

– Bob Gates

The Brown Bag Bible Discussion Class will continue to meet throughout the summer on every Wednesday in the Blue Room. Fellowship and lunch (your own brown bag) are from 11:30 a.m. to 12:30 p.m. Then the discussion begins and is based on lessons from the Presbyterian curriculum, *The Present Word*, which generally follows the lectionary readings. Discussion wraps up around 1:30 p.m.



## Address Updates

- Lisa Manley  
4115 Karl Road #206  
Columbus, OH 43224
- Ann Shanda  
ashanda210@gmail.com

## On-going St. Andrew Projects

These are a few simple ways to “do mission.”

**Box Tops for Education and Campbell's labels** for Devonshire Elementary School

**Eyeglasses** for the Lions Club of America

**Empty computer-printer ink cartridges** for Boy Scout Troop 312

**Foreign and U.S. commemorative stamps** (no flag or love stamps) for Church World Service

**Soda can tabs** for Ronald McDonald House

**Paper** for St. Andrew Presbyterian Church

## September Mission Luncheon Scheduled

– Tina Johnson

On Sunday, September 11, the Mission Team will sponsor a special luncheon in support of St. Andrew's seven-member work team's participation in the October Presbytery work trip to West Virginia. Circle the date on your calendar and plan on staying after worship that day for a special lunch and program. (Sign up sheets will appear in the Sunday bulletins closer to the date of the event.)

## September Newsletter Deadline – August 21



The *September NETWORK* deadline is **Sunday, August 21**. Articles can be emailed to [standrewpres@copper.net](mailto:standrewpres@copper.net) or brought to the church office by **Sunday, August 21**. Also remember to submit any meeting date and time changes to keep the church calendar up-to-date. Thank you for your assistance in making the newsletter current, informative, and enjoyable.

## Is St. Andrew in Your Will?

—from *The Presbyterian Foundation*

It's shocking that 6 in 10 Americans do not have a will and fewer than 20% of those who do include a charitable bequest.

Like many who have given to your church over the years, you've probably been nourished and supported by being a part of your church community. It's a privilege to give back to the church that has been such a big part of family life. Bequest gifts have the power to impact future generations in the same way. It's so easy to include your church in your will and still provide for loved ones. You may be able to make a simple bequest by adding the following language:

"I give and bequeath the sum of \$ \_\_\_\_\_ (or the % of), to be used for the general program of St. Andrew Presbyterian Church, in Columbus, Ohio, USA."

A will is unique and must be structured to fit the needs and estate plans of each individual in accordance with the laws of the state in which he or she lives. For this reason, you should consult a lawyer to assist you in drafting your will and estate plan.

You can touch the future with your charitable bequest. You may also want to explore other estate planning options, such as designating the church as a beneficiary of a life insurance policy or an IRA account.

Make or update your will. Decide to do it today.



## Ethical Wills – Why Write One?

– Dorothy Kraus

An Ethical Will gives you the chance to *share your values*... just as you share your valuables in a legal will. Last March, when I did an *Ethical Will Workshop* for the Women's Fellowship annual retreat, there was interest expressed by those unable to attend as to a possible similar program in the future.

The tradition of passing on faith and values dates back to biblical times, and is a concept that is currently gaining in interest. You'll find the writing process helps you withdraw memories from your book of learned life lessons and discover that doing so is anything but melancholy. "Prompts" for categories that are involved help keep the words flowing, so bring a notebook and/or pencil as you discover your hidden talents in an effortless, creative way.

I will be conducting an Ethical Will workshop at the Griswold Center, 777 High Street, Worthington, on Friday, September 23, from 10:30 a.m. to noon. Registration begins Wednesday, August 24 for members, and is open for non-residents of Worthington on Friday, August 26. Non-resident fee is \$10.40. Resident fee is \$8.

For more information on making your spiritual legacy come to life, contact Dorothy Kraus or call the Griswold Center at 614/842-6320.

## Whatever the Weather

No matter the forecast, weather can remind us of God's presence:

- When it's sunny, remember that Jesus is the light of the world (John 8:12).
- When it's cloudy, remember that God often spoke to and guided his people from a cloud (Exodus 13:21-22.)
- During a thunderstorm, remember the thunder and lightning when God beckoned Moses to Mount Sinai (Exodus 19:16).
- When it rains or snows, remember that God's Word serves his purpose just as precipitation does (Isaiah 55:10-11).
- When it's windy, remember that "a wind from God" came at Creation (Genesis 1:2), and God's Holy Spirit arrived at Pentecost like a mighty wind (Acts 2:2).

## From Our Parish Nurse: Airport Full-Body Scanners

– Jane Vaughan, R.N., excerpted from *The Harvard Health Letter*, June 2011

For those folks who travel by air, here is some good news!

The federal agency in charge of airport security (TSA) started moving toward full-body scans for airline passengers after Christmas Day 2009. There are two types of full-body scanners: millimeter-wave scanners and backscatter x-ray scanners. The millimeter-wave scanners use radio waves and produce no ionizing radiation. When we talk about radiation concerns, we are referring to ionizing radiation, which has the properties capable of damaging DNA and leading to cancer. Backscatter x-ray scanners do in fact use ionizing radiation in the form of very low dose x-rays. However, the increase in risk is so small that a person shouldn't be concerned. Recent studies have shown that a full-body scan exposes a person to between 3 and 10 rems. That is a very small amount of radiation exposure. For comparison purposes consider that:

1. Natural background radiation exposure annually is 24,000 times more than one would receive at an airport scanner.
2. It would take 50 full-body airport scans to equal the radiation of a single dental x-ray.
3. It would take 200,000 full-body airport scans to equal the exposure of one CT scan.
4. Airplane travel itself exposes us to radiation because at high altitudes there is greater exposure to radiation from space. It is calculated that radiation from an airport full-body scan is less than 1% of the radiation exposure a person typically receives during a six-hour flight.

Since it is known that radiation exposure is a risk factor for cancer, it is hard not to have a concern when going through security at the airport. We seldom know if the scanner is the millimeter wave scanner with zero radiation, or a backscatter x-ray scanner. But even if the

backscatter scanner was used, the exposure is so minimal—far lower than the radiation exposure during the flight—most people will decide that they have more important things to worry about.

## From Our Director of Music

– Garry Cornell



The St. Andrew choir ended another successful year on May 29. Our year-end choir dinner was held on May 25 at the home of Laura and Greg Silva. It was a wonderful evening of relaxing, good food, and great conversation.

We have a number of Sunday morning special music events in the offing for the summer months. The ones that are definite at the time of this writing are:

- ✦ **Sunday, July 3**, Stephen Smith will present music for solo handbells. If you have never seen and heard Stephen do solo work, don't miss this. He is phenomenal!!
- ✦ **Sunday, August 7**, Jeb Hacker will play French Horn, accompanied by Susan Mild. You may recall Jeb playing for us last summer, including a selection for the most unusual alphorn.
- ✦ **Sunday, August 21**, Stephen Smith will once again play solo handbells in worship.

The Cardinal Chorale, which has sung for us the past two summers, will NOT be at St. Andrew this year, but will be in our area. You are welcome to attend any the following concerts.

- ✦ **Sunday, July 3**, 2 p.m., Oakleaf Village, 5500 Karl Road.
- ✦ **Wednesday July 6**, 7 p.m. Worthington United Methodist, 600 High St.
- ✦ **Thursday, July 7**, 10:30 a.m., Friendship Village, 5800 Forest Hills Blvd.

Choir rehearsals will resume on Wednesday, September 7, 7:30 p.m.

## Session Highlights – May 24

– Dave Hornbeck

- Session received a preliminary report from the Visioning Committee which referenced perceived “seismic cultural shifts” affecting the church in general and St. Andrew specifically, the need to institute a corporate approach to determine St. Andrew’s outlook for the future, to seek ideas from the congregation, discuss alternatives etc., and, to propose that groups of interested members be convened to assist in determining the congregation’s future path.
- Session also discussed alternatives for addressing the floor covering problems in the Blue Room to combat staining, repeated cleaning costs, etc., including replacement with new carpet, bamboo/hardwood, etc. and the relative costs.
- Reverend Heffner announced the receipt of a very generous gift to the congregation from the family of and in the memory of Bill Dearnbarger. Session will be tasked with deciding how best to allocate the gift funds; in the interim they will be retained in a liquid short-term account in order to maintain maximum flexibility.
- At the recommendation of the Finance Committee Session reinstated the Third Sunday Debt Reduction collection in order to continue the effort to reduce the mortgage indebtedness and in further recognition of Bill Dearnbarger’s oft-stated desire to emphasize the goal of debt reduction.
- Fred Vaughan, as Commissioner Pro Tem (in Peg Stansbery’s absence) to the Presbytery meeting on Tuesday, May 24, reported that the presbytery had passed the overture to add the *Belhar Confession* to the Book of Confessions.

## Congratulations to...

- Jay and Laura Rogers on the birth of their daughter Anna May on June 10. The new grandma, Sally Rogers, is overjoyed! Best wishes to all.



## Lectionary for the Lord’s Day July 2011

### July 3 – 14<sup>th</sup> Sunday in Ordinary Time

Genesis 24:34-38, 42-49, 58-67;  
Psalm 45:10-17 or Song of Solomon 2:8-13;  
Romans 7:15-25a; Matthew 11:16-19, 25-30

### July 10 – 15<sup>th</sup> Sunday in Ordinary Time

Genesis 25:19-34; Psalm 119; 105-112;  
Romans 8:1-11; Matthew 13:1-9, 18-23

### July 17 – 16<sup>th</sup> Sunday in Ordinary Time

Genesis 28:10-19a; Psalm 139:1-12, 23-24;  
Romans 8:12-25; Matthew 13:24-30, 36-43

### July 24 – 17<sup>th</sup> Sunday in Ordinary Time

Genesis 29:15-28; Psalm 105:1-11, 45b or  
Psalm 128; Romans 8:26-39;  
Matthew 13:31-33, 44-52

### July 31 – 18<sup>th</sup> Sunday in Ordinary Time

Genesis 32:22-31; Psalm 17:1-7, 15;  
Romans 9:1-5; Matthew 14:13-21

## August 2011

### August 7 – 19<sup>th</sup> Sunday in Ordinary Time

Genesis 37:1-4, 12-28; Psalm 105:1-6, 16-22, 45b;  
Romans 10:5-15; Matthew 14:22-33

### August 14 – 20<sup>th</sup> Sunday in Ordinary Time

Genesis 45:1-15; Psalm 133;  
Romans 11:1-2a, 29-32; Matthew 15:(10-20) 21-28

### August 21 – 21<sup>st</sup> Sunday in Ordinary Time

Exodus 1:8—2:10; Psalm 124; Romans 12:1-8;  
Matthew 16:13-20

### August 28 – 22<sup>nd</sup> Sunday in Ordinary Time

Exodus 3:1-15; Psalm 105:1-6, 23-26, 45c;  
Romans 12:9-21; Matthew 16:21-28